

**Arbour Family Medical Centre  
Patient Consent and Release to Receive Emails**

Arbour Family Medical Centre uses the Ocean Platform for secure emailing of results, requisitions, prescriptions and documents, and for completion of questionnaires related to your health.

**We utilise the following electronic communication tool:**

You may receive an email from Arbour Family Medical Centre, linked through the Ocean Platform. This will be an email from our clinic no-reply@afmci.com (please add this to your address book), sometimes with an opportunity to reply if your physician has requested one. Please acknowledge that you have received the email by clicking "*I have received this message*". This allows us to confirm that you have received the email and to prevent past emails from being sent again.

**There are some privacy risks in using email:**

We are very careful on our end to keep these emails confidential. And the OCEAN software we use ensures emails are encrypted and will automatically delete after being viewed. If you would like to view it again, please save the message in another location (file or desktop) or print it.

Despite this measure, we cannot fully guarantee the security of messages sent outside of the clinic, especially if your email becomes compromised externally.

**Patient Responsibility**

- Check your email regularly
- Click the box to confirm you have read the email
- Print and requisitions prior to going to the lab or imaging location

**Patient Acknowledgment, Agreement and Release**

- I have read and fully understand this consent and well as the associated risks of using email
- I will not use email in case of emergency or matters regarding an urgent reply

Email address: \_\_\_\_\_

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_